

Carolyn Williams

Carolyn is the owner of Zephyr Cycling Studio, which she founded in 2017. A Montana native, Carolyn's love for music, movement, language and community created Zephyr's foundation, from which she and her team continue to curate unparalleled wellness experiences through rhythm-based cycling and strength classes. In 2020, Carolyn was awarded "40 Under 40" by the Bozeman Daily Chronicle and was named "Bozeman's Best Community Leader" in 2021 and 2023 in the Bozeman Magazine's Reader's Choice Poll. Zephyr has been named "Bozeman's Choice Place to Get Fit" for four years in a row by the same poll. The only thing Carolyn loves more than Zephyr are her dogs – Andy (rest in peace), Charley, and Lua, and is so proud to serve on the board Heart of the Valley, as well as on the board of Spay Montana, which organizes spay/neuter clinics across the state of Montana. When not at Zephyr, you can find Carolyn out on the trails with her girls, Charley and Lua – her absolute favorite place to be in the whole wide world.